



Menu

Tel: 01254 483983

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Any allergens/allergies please report to a member of staff before placing your order

Snack Menu

Mixed olives v Marinated black and green pitted olives served with a warm crusty roll and homemade dip	£4.50	Fish and chips Cod fillet in homemade batter served with chunky chips, garden peas and homemade tartare sauce	£13.50
Crispy chicken strips Crispy chicken strips served with a salad garnish and BBQ sauce	£6.20	Rock Inn gourmet burger 8oz beef burger, sundried tomatoes and goats cheese served on a brioche bun with fries	£13.50
Halloumi fries v Crispy halloumi fries cooked to perfection served with a homemade orange and sweet chilli sauce	£6.20	Plant based burger v Plant based burger served on a sourdough bun with a mixed salad and fries	£11.90
Onion rings v Slices of onion coated with crispy batter served with a house dip	£4.00	Garlic ciabatta v add mozzarella cheese for an extra £0.50	£4.00
Salt and pepper calamari Tender pieces of squid in breadcrumbs deep fried with a homemade Marie Rose sauce	£7.20	A bit on the side Salt & pepper fries v Sweet potato fries v Chunky chips v	£3.50 £3.90 £3.50
Chicken souvlaki Grilled chicken skewer seasoned with Greek spices served with tzatziki and pitta bread	£6.90	Greek salad v Mixed leaf salad, tomatoes, red onion, cucumber, feta cheese and black olives drizzled with olive oil, lemon and oregano	£5.50
Italian ciabatta Chicken breast, bacon, lettuce, tomato and Mayo on a toasted ciabatta served with chunky chips	£9.50		

HOMEMADE PIZZA'S

£8.50

10" Margherita pizza cooked to perfection -
add on your choice of toppings
Mushrooms, onions, peppers, black olives and pineapple
(£0.40 per topping)
Ham, chicken, beef and salami
(£0.60 per topping)

Fancy something sweet?

TRIO OF MINI DESSERTS

£7.90

Cheese cake of the day
Warm chocolate fudge cake
Homemade tiramisu
(served with pouring cream and vanilla ice cream)

V - suitable for vegetarians

Non gluten containing ingredient bread and pasta available on request



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Dining Menu

STARTERS

Soup of the day v	£5.50
Homemade soup served with homemade bread and butter	
Chicken liver pâté	£6.20
Served with toasted bread and caramelised onion jam	
Prawns saganaki	£8.70
Rustic Greek dish made with peppers, onions garlic and feta in a cream and tomato sauce,	
Creamy garlic mushrooms v	£6.20
Sliced mushrooms in a creamy garlic sauce served on a toasted ciabatta on a bed of rocket	
Salt and pepper calamari	£7.20
Deep fried bread crumbed squid served with a homemade tartare sauce	
Crispy chilli beef	£8.70
Beef steak strips in a sweet chilli sauce	

SOMETHING SUCCULENT

8oz Sirloin Steak	£20.90
Juicy beef steak cooked to your liking served with seasonal fresh vegetables with a sauce of your choice	
8oz Fillet Steak	£25.90
Mouthwatering beef steak cooked to your perfection served with seasonal fresh vegetables with a sauce of your choice	

SAUCES

Creamy peppercorn, garlic butter, blue cheese, Diane

MAIN COURSE

Homemade Greek moussaka	£14.50
Minced beef, potatoes, aubergine with a béchamel sauce served with a Greek salad and pitta bread	
Linguine prawns	£13.50
Linguine pasta with baby prawns and courgette in a garlic, butter sauce	
Linguine bolognese	£11.50
Minced beef in a traditional Italian sauce	
Risotto asparagi v	£11.50
Arborio rice with onions, mushrooms and asparagus in a light creamy sauce (add chicken £2.00)	
Penne vegetarian v	£10.90
Penne pasta with onions, mushrooms, peppers and broccoli in a cream and tomato sauce	
Penne della casa	£11.90
Penne pasta with ham and mushrooms in a creamy tomato sauce	
Chicken gyros	£14.50
Traditional Greek dish with succulent shredded chicken marinated in Greek spices served with pitta	
Pollo Tockholes	£14.50
Succulent chicken breast topped with ham and mozzarella cheese in a pink sauce served with seasonal vegetables and potatoes	
Salmon al aglio	£15.90
Fresh salmon fillet in a garlic butter sauce served with seasonal vegetables and potatoes	
Fish and chips	£13.50
Cod fillet in homemade batter served with chunky chips and garden peas and homemade tartare sauce	

SIDES

Chunky chips	v	£3.50
Salt and pepper fries	v	£3.50
Sweet potato fries	v	£3.90
Garlic ciabatta	v	£4.00
Mozzarella cheese garlic ciabatta	v	£4.50

HOMEMADE PIZZA'S

£8.50
10" Margherita pizza cooked to perfection - add on your choice of toppings
Mushrooms, onions, peppers, black olives and pineapple (€0.40 per topping)
Ham, chicken, beef and salami (€0.60 per topping)

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Cocktail Menu

£7 each or 2 for £12
(Two of the same cocktail)



Classic Mojito

RUM
LIME
MINT
SODA WATER

Espresso Martini

VODKA
KAHULA
COFFEE BEANS
FRESHLY BREWED ESPRESSO



Aperol Spritz

PROSECCO
SODA WATER
APEROL

Pornstar Martini

VANILLA VODKA
PASSOA
SUGAR SYRUP
PINEAPPLE JUICE
PROSECCO



Sex on the beach

VODKA
PEACH SCHNAPPS
ORANGE JUICE
CRANBERRY JUICE

Non-alcoholic

ROCK INN REBEL
ORANGE JUICE
PINEAPPLE JUICE
LEMONADE
GRENADINE



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Sensational Sundays

ROCK INN ROAST

Sunday roast with all the trimmings, choice of sliced roast beef or chicken breast served with roast potatoes, dauphinoise potatoes, seasonal vegetables, Yorkshire pudding & lashings of gravy

£13.90

VEGGIE DELIGHT v

Cheese and onion pie served with roast potatoes, dauphinoise potatoes, seasonal vegetables, Yorkshire pudding & lashings of veggie gravy

£11.90

SMALL PLATE SUNDAYS

For anyone with a smaller appetite including our charming children, choose from a Rock Inn roast or

veggie delight
(half portion size)

£7.50



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Children's Menu

UP TO 14 YEARS OLD

Main, dessert & drink

All £7.90 

Chicken strips
Cheese burger
Pizza Margherita v
Penne Bolognese

All served with chunky chips & cucumber sticks

Choice of ketchup, mayo or BBQ

SOMETHING SWEET

All mains served with a choice of vanilla, strawberry or chocolate ice cream

Drink of your choice -
blackcurrant fruit shoot, orange fruit shoot or milk

V- suitable for vegetarians



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Fathers Day!

SET MEAL CHOOSE ONE STARTER,
MAIN AND DESSERT FOR £28

STARTER

Soup of the day ^v

Homemade soup served with a fresh crusty roll and butter

Creamy mushrooms

Sliced mushrooms in a creamy garlic sauce served on a toasted ciabatta on a bed of rocket

Prawn saganaki

Rustic Greek dish made with peppers, onions, garlic and feta in a cream & tomato sauce,

Chicken liver pâté

Served with toasted bread and caramelised onion jam

MAIN

Father's Day roast

Roast beef with all the trimmings just how you like it!

Pork al pepe

Roast pork in pepper sauce served with potatoes and Seasonal vegetables

Seabass

Fillet of seabass cooked in a garlic butter sauce served with potatoes and seasonal vegetables

Vegetarian lasagne ^v

Traditional Italian dish

DESSERT

Cheesecake of the day

Chocolate fudge cake

Homemade tiramisu

Eton mess

V-suitable for vegetarians

Non gluten containing ingredient bread and pasta available on request



Opening Times

Wednesday

Kitchen 4pm - 9pm

Bar 4pm - 10pm

Thursday

Kitchen 4pm - 9pm

Bar 4pm - 10pm

Friday

Kitchen 2pm - 9pm

Bar 2pm - 11pm

Saturday

Kitchen 2pm - 9pm

Bar 2pm - 11pm

Sunday

Kitchen 1pm - 8pm

Bar 1pm - 10pm